

RESOURCES FOR PARENTS

EARLY PREVENTION RESOURCES

Pre-Teens

1. [Good Pictures Bad Pictures Jr: A Simple Plan to Protect Young Minds](#)
2. [Raised on Porn](#)
3. [Talking with Preteens about Pornography: Preteens About Pornography](#)

Teens

1. [Focus on the Family](#)
2. [How to Talk with Your Kids About Sex](#)
3. [Mother Hunger](#) An insatiable need for sex and love. Periods of overeating or starving. A pattern of unstable and painful relationships.
4. [Talking with Teens About Pornography](#)
5. [Teach Kids to Reject Porn Before it Becomes a Problem](#) Prepare and prevent.
6. [Launch Into the Teen Years](#) Helping you prepare for this phase of life together.
7. [Why I Didn't Rebel](#) A young millennial shares surprising reasons that youthful rebellion isn't inevitable and points the way for raising healthy, grounded children who love God.

Additional Resources

1. [Hooked: New Science on How Casual Sex is Affecting our Children](#)
2. [Hopeful Mom](#) Find support, encouragement, hope and practical tips.
3. [The Porn Phenomenon](#) The impact of pornography in the digital age. Barna Report.
4. [Sex, Jesus, and the Conversations Church Forgot](#) Generations of sexually illiterate people are drowning in the repercussions of overwhelming sin struggles.

Your Teenager's Brain – Start here

1. [The Female Brain](#) Audiobook
2. [The Female Brain](#)
3. [The Male Brain](#)
4. [The Teenage Brain](#)

YOUR CHILD HAS VIEWED PORNOGRAPHY – WHAT DO I DO?

1. [What to Do if Your Young Child Sees Pornography](#)
2. [My Kid Saw Porn – Now What?](#) A smart plan guide for parents.

Blogposts/Podcasts

1. [Kids, Let's Talk About Sex](#)
2. ["The Talk" with Young Kids](#)
3. ["The Talk" with Teens](#)
4. [Blog posts – Family](#)
5. [Podcast – Student Groups](#)

Parents

1. [Axis](#) Free membership.
2. [Culture Reframed](#) Helping parents and other adults build kids' resilience to hypersexualized media and porn.

Informative Documentaries

1. [Brain, Heart, World – Discover the Harmful Effects of Pornography](#)
2. [Millions of Children are Watching Porn](#)
3. [Nefarious: Merchant of Souls](#) Viewer discretion is advised.
4. [Raised on Porn](#)

RECOVERY GROUPS/TREATMENT CENTERS

1. [Pure Desire Groups for Students](#)
2. Online and Local Groups.
 - a. Top Gun for young men (18-26)
 - b. Living Free for young men (18-26)
 - c. Behind the Mask for young women (14-21)
3. [She Recovery for Teen Girls \(12 – 17\)](#)
4. [Bethesda Workshops](#) Healing for teens (15-18) and their parents.
5. [Capstone Treatment Center](#) Male residential treatment center for teens and young adults ages 14-16.

TECHNOLOGY AND MORE

1. [Accountability Software](#)
2. [Canopy](#) App with these features: filter that can't be hacked, custom URL, app, and category blocking, sexting prevention, and more.
3. [Defend Young Minds](#) Digital Self-Defense.
4. [Gabb Wireless](#) Kid safe phones and watches.
5. [Gryphon Routers](#) All-on-one Parental Control Router and Advanced Internet Safety System.
6. [How to Block Pornography on Your Child's Devices](#)
7. [How to Protect Kids from the Dark Side of Technology](#) Helping parents have peace of mind while their children are online. 45 minute video.
8. [Protect Young Eyes](#) Get your home Internet ready, app, devices.
9. [Techless Wisephone](#) the world's healthiest smartphone. It can call, text, and has a few essential tools like maps, but no social media, no browser, and no explicit content.

Responsible Internet Use

1. [Digital Natives: Raising an Online Generation](#) Teaching kids to use the Internet responsibly. Hard copy and digital copies available.