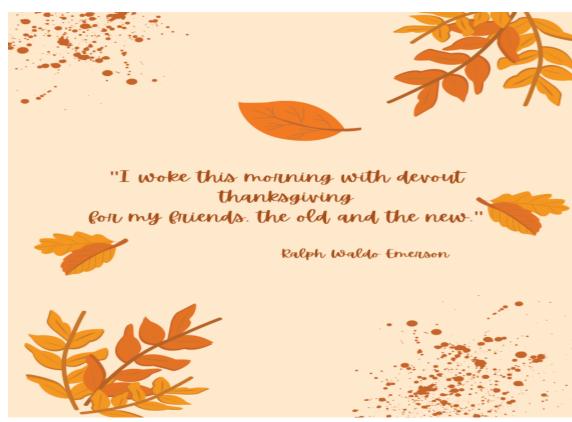


The holidays are here once again! It feels like every year they arrive sooner and sooner. Amidst the rush, let's not lose sight of the true meaning of this season. It's a me for gathering with loved ones and expressing gra tude for the blessings bestowed upon us by the Lord.

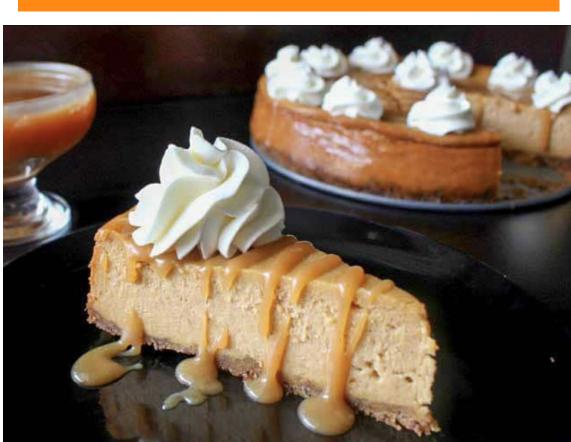
While the frenzy of gift shopping surrounds us, I urge you to pause and consider the most significant gift ever given to humanity: Yeshua Hamashiach (Jesus the Messiah), the Savior of the world. There's no greater gift than salva on. Take a moment to reflect on the profound significance this holds for you personally.

> Embrace the joy of this holiday season, for Jesus truly is the reason for the season.



November's Blog Highlights: Salvation in Christ (posting 11/11) and 5 Tips for Improving Your Mental Health (posting 11/25)

Read Here



Enjoy this holiday dessert that is sure to be a hit for years to come!

<u>Pumpkin Salted Caramel Cheesecake</u> with <u>keto caramel sauce</u>

Substitutions to make this a low glycemic and gluten free dessert:

Allulose for white sugar Coconut palm sugar for brown sugar Namaste organic all-purpose gluten free flour

Pamela's Gluten Free Graham Crackers

If you make these recipes, please let me know how they turned out!



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<u>Rumble</u> **YouTube** 12/13 with Guest Keeper Catran-Whitney. We'll be discussing Sibling Bonds: Healing Through the Pages

Don't miss upcoming shows on 11/29 &



Holiday Shopping Guide!

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This holiday season, align your gift-

giving with your Christian values

and support American patriots. Choose meaningful gifts from Christian and veteran-owned businesses, showcasing your faith and love for your country.













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