

October is here, bringing with it crisp air, vibrant colors, and a touch of Fall fun. As the leaves change and the days grow shorter, I'm excited to share some cozy inspira on, seasonal ps, and exci ng updates with you this month.

Whether you're looking forward to carving pumpkins, sipping spiced cider, or curling up with a good book, I hope this newsletter adds a little extra warmth and joy to your autumn days.

Next month's newsletter will include a delicious pumpkin spice cheesecake recipe and salted caramel sauce that are gluten and sugar free! It will be an instant hit at any holiday gathering.



You can have your cake and eat it too \odot

October's Blog Highlights: Unmasking Protective Personalities (posting 10/14) and Understanding Tithing: Biblical and Modern Practice (posting 10/28)

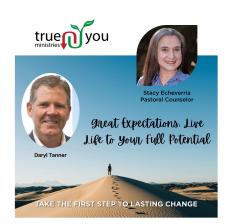
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Wondering what to do as a family this Halloween? Here are a few ideas to help you usher in the season AND stay true to your Christian values:

- 1. Instead of focusing on darkness and fear, consider celebrating the light and love of God.
- 2. Go apple picking with your kids; if you're single, get a group of friends together for this activity.
- 3. Have a harvest party with friends and family.
- 4. Make homemade treats like apple pie, caramel apples, popcorn balls, sugar cookies, etc. and give them to neighbors and friends, fostering a sense of community.
- 5. Host a fun movie night with family and friends.
- 6. Host a game night and serve chili or another favorite fall meal; better yet, make it a potluck.
- 7. Be creative and imaginative: use games, crafts, and activities to make the alternative celebration engaging and fun.
- 8. Incorporate Biblical values by fostering kindness, generosity and compassion.

Whatever you choose to do, remember to keep God at the center and have fun!



Shows going live this month on 10/4 & 10/18:

Great Expectations: Live Life to Your Full

Don't miss upcoming shows on 11/1 & 11/15 with Guest Katrina Session. We'll be discussing Navigating Marital Challenges with the Word of God!



